

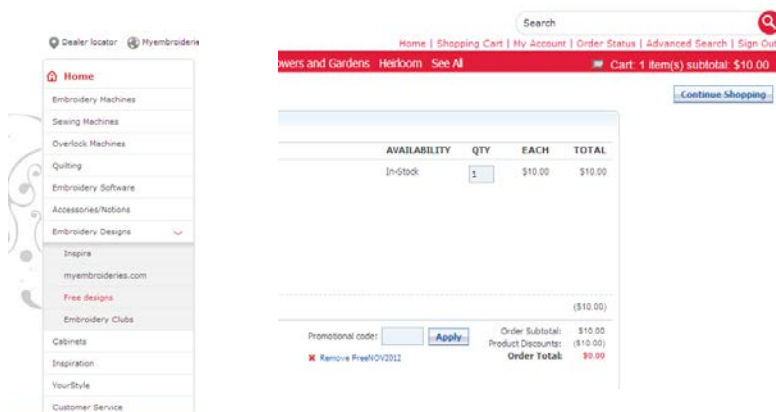
Yarn Couched Words

By Marie Duncan

Make a quilted wall hanging, couched with yarn, in pretty silk!

The featured design, **100436001**, is free for the month of February 2014 from www.myembroideries.com. It is a Grand Dream Hoop design that uses the Yarn Couching Foot Set to couch yarn in place.

To download the design from the PFAFF® website, click on **Embroidery Designs** then **Free Designs**. Click on: [Click here for FREE coupon and to download instructions](#). On the new page, click the link that says: [Get the February 2014 design now](#).



When you get to the checkout, enter the coupon code **freefeb2014** in the box. Click **Apply**.

After February 2014, the design will be available for purchase on www.myembroideries.com.

Sewing Supplies:

- ¼" Right Guide Foot with IDT™ system 820924096
- Yarn Couching Foot Set 820912096
- Couching/Braiding Foot with IDT™ system 820607096
- Clear Stitch-In-Ditch Foot with IDT™ system 820882096
- creative™ Grand Dream Hoop 820888096
- INSPIRA® Tear-A-Way stabilizer 620112396
- INSPIRA® In-R-Form batting alternative 36" x 58" 620131596

- INSPIRA® embroidery needle, size 90
- ½ yard of purple silk
- 1½ yards of aqua silk
- Assorted silks for patchwork
- Sewing thread
- 40 wt. rayon embroidery thread
- Bobbin thread
- Flat yarn for couching
- Yarn for embroidery
- ¼" wide Steam-A-Seam
- Quick Easy Mitred-Binding Tool
- ⅜ dowel

Cut:

From purple silk:

- 13" wide x 18" long for word panel

From aqua silk:

- One rectangle 22" wide x 23" long for yarn embroidery
- One rectangle 38" wide x 17½" long for backing
- One strip 16½" wide x 2" long for casing

From assorted silks:

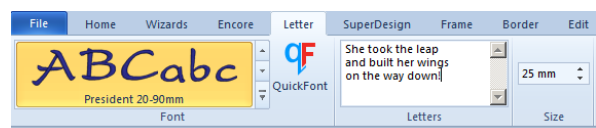
- 48 strips 1½" long x 4½" wide

From INSPIRA® In-R-Form

- One piece 36" x 16½"

Embroider:

1. Open **6D™ Embroidery**.
2. Click on **View**.
3. Select **Change Hoop**.
4. Select the **360mm x 200mm hoop**, orientation, **vertical**. Click **OK**.
5. Click on the **Letter Tab**.
6. Under fonts, select **President 20-9-mm**.



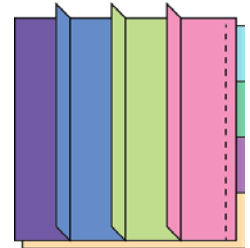
7. Type in:
 **“She took the leap
 and built her wings
 on the way down”**
8. Click on the **Home tab**.
9. Click on **ColorSort**.
10. Save the file as **words.vp3** and send to your PFAFF® embroidery machine.
11. Hoop the 13” x 18” purple silk with INSPIRA® Tear-A-Way stabilizer.
12. Insert a size 90 embroidery needle.
13. Thread with rayon thread on top and bobbin thread in the bobbin.
14. Embroider the word panel.
15. Trim the panel to 8¼” X 16½” and set aside.
16. Hoop the 23” x 22” silk in the Grand Dream Hoop with INSPIRA® Tear-A-Way stabilizer.
17. Be sure to go into your **Settings Menu** and remove the check mark next to Dynamic Spring Foot 6D for embroidery.
18. Thread the yarn into your Yarn Couching Foot. Be sure it fills the hole, but flows through easily.
TIP: when purchasing yarn, take your Yarn Couching Feet with you and “audition” the yarn.
19. Bring up design **100436001**. Embroider the butterflies.
20. Cut the yarn embroidered piece to 16½” square.



Sew:

1. Thread with sewing thread top and bobbin.
2. Select stitch **1.1.1** .
3. Snap-on your ¼" Right Guide Foot and Engage the IDT™ system.

4. Place two of the 1½" x 4½" strips right sides together.
5. Stitch into a set of two.
6. Repeat, string piecing as you sew, with the remainder of the 46 strips.
7. Press the seams to one side.
8. Place one of the sets of two right sides together with another.
9. Stitch, string piecing as you sew until all the strips are sewn in sets of four. You will have a total of 16 sets of four all together.



10. Press the seams to one side.
11. Place two sets right sides together with the strips going horizontal on one and vertical on the other as shown.
12. Stitch together.
13. Repeat, sewing the squares into three sets of four.
14. Arrange your pieces so you have a strip set at the top, then the word panel, then a strip set, then the yarn embroidery and finish with a strip set.
15. Sew them together.
16. Place the finished top on the 36" x 16½" INSPIRA® In-R-Form.
17. Snap-on the 0A Foot and engage the IDT™ system.


18. Select stitch **1.1.5** 

19. Sew around the outside, close to the edge, securing the layers together.

20. Select stitch **1.1.1** 

21. Place the top and INSPIRA® In-R-Form on top of the backing, centering it carefully. The backing should extend 1" on each side.

22. Snap-on your Clear Stitch-In-Ditch Foot and engage the IDT™ system.

23. Quilt through all the layers, stitching in the ditch of the seam connecting the sections.
24. Fold the edge of the backing to meet the raw edge of the quilt top. Press. Fold again, onto the quilt top to form the binding. Press.
25. Using your Quick Easy Mitred-Binding Tool, miter the corners.
26. Apply Steam-a-seam to the binding, and fuse in place.
27. Snap-on your Couching/Braiding Foot and engage the IDT™ system.
28. Insert the flat yarn into the opening and thread through the foot and out the back.
29. Select stitch **1.1.5** . Adjust the width to **6.0** and the length to **4.5**.
30. Sew the yarn around the binding, aligning the center of the foot with the edge of the binding as shown.
31. On the 2" x 16½" strip for the casing, press ¼" to the wrong side on all four edges.
32. Hand stitch the casing to the wrong side of the hanging.
33. Insert the dowel and hang.



Enjoy!